

One-page profile template

Help your team understand what matters to a person and how best to support them.

About me

My name and what I like to be called

Things people appreciate about me

What matters to me

How best to support me including communication preferences

People I agree can see this profile

Completed with me by and review date

Keep sharing under the person's control where possible. Avoid unnecessary diagnoses or sensitive history; agree a separate secure process for any essential medical or emergency information.